



## let us serve you

rachel van de burgt  
chapter leader | barrhead, alberta  
☎ 780.284.7808  
✉ rachel@youmadememom.com  
🌐 youmadememom.com  
👍 facebook.com/youmadememom  
📷 instagram.com/youmadememom

*You Made Me Mom* is a support group located in barrhead, alberta  
that serves *moms* who have lost *babies* during pregnancy or infancy.



### *gathering dates in 2026-2027*

group gatherings are the third thursday monthly from 7pm-9pm for prayer and growth through conversations about our babies. email rachel van de burgt to rsvp and receive meeting address information.

2026		2027	
no meeting in january	no meeting in july	no meeting in january	no meeting in july
thursday, february 19	thursday, august 20	thursday, february 18	thursday, august 19
thursday, march 12*	thursday, september 17	thursday, march 11*	thursday, september 16
thursday, april 16	thursday, october 8*	thursday, april 15	thursday, october 21
thursday, may 21	thursday, november 19	thursday, may 20	thursday, november 18
thursday, june 18	thursday, december 3*	thursday, june 17	thursday, december 2*

\*indicates an alternate thursday of the month

### *meeting information*

an open invitation is extended to any woman who has lost a child to miscarriage, stillbirth or infant death. bereaved mothers are welcome whether the loss occurred ten years ago or ten hours ago. all mothers are welcome - those who have no living children; those who have living children; those who are currently pregnant; those who struggle with fertility and those who do not struggle with fertility.

### *what to bring & meeting format*

simply bring yourself to the meeting. all gatherings will open and close with prayer. each mom will be given an opportunity to share as much or as little of her story as she likes. we will listen and learn as we share where we presently are in our individual grief walks. mothers can come to as many or as few meetings as necessary to support their needs. beverages will be provided but consider eating dinner prior to the meeting.

### *our faith*

the "you" in you made me mom symbolizes both christ and our sweet babies who have been called home. the organization is biblically-based and our hope is in jesus christ. all faith and non-faith backgrounds are welcome.

### *our mission*

to serve bereaved mothers while staying pointed toward heaven.

### *our scriptural guidance*

"help carry one another's burdens, by doing so you will obey the law of christ." galatians 6:2